
Date: Sept 16/10
Company: Great Quest Metals (GQ)
Buy/Sell: Sell
Price: 1.28
Industry: minerals
Shares O/S: 38 million
Reason: raising cash.

Date: Sept 7/10
Company: Jite Technologies (JTI)
Buy/Sell: Sell
Price: 0.40
Industry: electronics
Shares O/S: 21 million
Reason: Want to raise cash.

Date: July 28 - Aug 3 /10
Company: Canadian Energy Exploration (XPL)
Buy/Sell: Buy
Price: 0.20
Industry: oil and gas
Shares O/S: 41 million
Reason: This is for the most part a shell company. The Board includes John Wright and Cris Bloomer of Petrobank. I'm betting that they will turn this company into a resource company with more value than it has at present.

Date: July 27/10
Company: BioExx Specialty Proteins (BXI)
Buy/Sell: Buy
Price: 2.07
Industry: agro business
Shares O/S: 145 million
Reason: Will announce results shortly which will move shares up or down - I think up.

Date: July 16-19/10
Company: Pioneering Technology (PTE)
Buy/Sell: Sell
Price: 0.25
Industry: safety/electronics
Shares O/S: 18.5 million
Reason: Am trading this stock. Will attempt to buy back at 0.20.

Date: July 16/10
Company: Coastal Energy (CEN)
Buy/Sell: Buy

Price: 4.57

Industry: energy

Shares O/S: 110 million

Reason: Price is lower then what I paid for the previous shares yet the fundamentals have improved.

Date: June 28/10

Company: Coastal Energy (CEN)

Buy/Sell: Buy

Price: 4.80

Industry: energy

Shares O/S: 110 million

Reason: Drill results will be forthcoming over the next month which I think may move this stock forward.

Date: June 23/10

Company: Pioneering Technology (PTE)

Buy/Sell: Buy

Price: 0.20

Industry: safety/electronics

Shares O/S: 18.5 million

Reason: Riding both sides of this beast.

Date: June 21/10

Company: Pioneering Technology (PTE)

Buy/Sell: Sell

Price: 0.25

Industry: safety/electronics

Shares O/S: 18.5 million

Reason: Gotta make a trade or they will throw me off the boat.

Date: Mar 12/10

Company: Pioneering Technology (PTE)

Buy/Sell: Sell

Price: 0.29

Industry: safety/electronics

Shares O/S: 20 million

Reason: taking profit.

Date: Feb 1/10

Company: BioExx Specialty Proteins (BXI)

Buy/Sell: Buy

Price: 2.00

Industry: agro business

Shares O/S: 145 million

Reason: Their patented processing of Canola Seed to produce human proteins as well as cooking oil is being phased in this year. If all goes well the share price should double or better by year end.

Date: Jan 26 & Feb9/10
Company: Pioneering Technology (PTE)
Buy/Sell: Buy
Price: 0.20
Industry: safety/electronics
Shares O/S: 16 million
Reason: Hope to pick up a few more shares before the financials come out.

Date: Jan 13-21/10
Company: Pioneering Technology (PTE)
Buy/Sell: Buy
Price: 0.215
Industry: safety/electronics
Shares O/S: 15.2 million
Reason: sales trending upwards.

Date: Jan 14/10
Company: Jite Technologies (JTI)
Buy/Sell: Buy
Price: 0.48
Industry: electronics
Shares O/S: 21 million
Reason: Undervalued.

Date: Jan 12/10
Company: Great Quest Metals (GQ)
Buy/Sell: Buy
Price: 0.115
Industry: minerals
Shares O/S: 38 million
Reason: Cheap way of buying into Avion Gold.