
Date: Dec 1/10
Company: Cdn Int'l Minerals (CIN)
Buy/Sell: Buy
Price: 0.60
Industry: metals / mining
Shares O/S: 39.2 million
Reason: Speculation.

Date: Dec 1/10
Company: Noront Resources (NOT)
Buy/Sell: Buy
Price: 1.03
Industry: resource / minerals
Shares O/S: 176 million
Reason: Speculation.

Date: Dec 1/10
Company: Aberdeen Int'l (AAB)
Buy/Sell: Buy
Price: 0.67
Industry: metals / mining
Shares O/S: 86.9 million
Reason: Undervalued based on book value.

Date: Dec 1/10
Company: Southern Pacific Resource (STP)
Buy/Sell: Sell
Price: 1.70
Industry: oil & gas
Shares O/S: 337 million
Reason: to buy other stocks.

Date: Aug 3 /10
Company: Arsenal Energy (AEI)
Buy/Sell: Buy
Price: 0.80
Industry: oil & gas
Shares O/S: 134.8 million
Reason: I believe in the long-term production growth prospects for this company and I think it is trading relatively cheap to what I believe it is worth.

Date: June 29/10
Company: Southern Pacific Resource (STP)
Buy/Sell: Sell
Price: 1.01

Industry: oil & gas
Shares O/S: 316 million
Reason: Just to stay in the competition.

Date: March 18 /10
Company: Southern Pacific Resource (STP)
Buy/Sell: Buy
Price: 1.00

Industry: oil & gas
Shares O/S: 225.6 million
Reason: STP is currently trading at book value. Stp has recently recorded record earnings as well as record production, because of these fundamental factors I believe Stp has big potential upside over the next few months and years ahead. Technically Stp has recently bounced off of its 200-day moving average with high volume and a big upside push, it has recently pulled back and is consolidating, before the next move up.